



Conference Agenda

Thursday, 8 May 2025 **Day 1**

8,9 May 2025

Crowne Plaza Bahrain
Conference Center

7:00 | Registration
8:00

Session 1: The Science of Obesity: From Genes to Disease
Moderators: Prof. Moiz Bakhiet (AGU, Bahrain) / Dr. Yahya Naguib (AGU, Bahrain)

8:00 | The Science of Hunger: Understanding Appetite Regulation | Prof. Rima Abdulrazaq (AGU, Bahrain)

8:20 | The Genetics and Epigenetics of Obesity: Unraveling the Complexities of Heritability | Dr. Christina Skrypnyk (AGU, Bahrain)

8:40 | The Role of the Gut Microbiome in Weight Regulation | Dr. Muhammad Yasir (KAU, KSA)

9:00 | Psychosocial Factors & Obesity: Stress, Emotion and Eating Behaviors | Dr. Haitham Jahromi (Psychiatry Hospital-AGU, Bahrain)

9:20 | Discussion
9:30

9:30 | **Opening Ceremony In the Presence of His Excellency Lieutenant General Doctor Sheikh Mohamed Bin Abdullah Al-Khalifa, the Chairman of the Supreme Council for Health.**
10:30

Keynote Lecture I - Moderator: Prof. Amgad El-Baz (AGU, Bahrain)

10:30 | Definition and Diagnostic Criteria of Clinical Obesity | Prof. Francesco Rubino (King's College Hospital, UK)
11:00

11:00 | Coffee Break
11:15

Session 2: Metabolic Disorders: Obesity, Diabetes & Beyond
Moderators: Dr. Husain Taha (SMC-AGU, Bahrain) / Dr. Mohamed Al Senbesy (AGU, Bahrain) / Dr. Khalid Bin Thani (SMC-AGU, Bahrain)

11:15 | Obesity and Diabetes | Prof. Juma Al Kaabi (UAEA, UAE)
11:35

11:35 | Obesity & Cardiovascular Disease: A Complex Relationship | Dr. Haitham Amin (MKCC-AGU, Bahrain)
11:55

11:55 | Dyslipidemia in Obesity & Metabolic Syndrome: From Risk to Control | Dr. Hasan Farookh (SMC-AGU, Bahrain)
12:15

12:15 | Obesity, Liver Disease & the Paradox: A Complex Interplay | Dr. Maitham Al Sadadi (Al Salam Hospital, Bahrain)
12:35

12:35 | Discussion
12:45

12:45 | (Novonordisk) / Ozempic®: A New Standard for Heart and Kidney Health | Dr. Hasan Farookh (SMC-AGU, Bahrain)
13:15

13:15 | AstraZeneca) / Forxiga Saving Lives Beyond A1C Control | Dr. Husain Taha (SMC-AGU, Bahrain)
13:35

13:35 | Lunch Break & Exhibition
14:45

Session 3: Surgical and Endoscopic Management of Obesity: Current and New Trends
Moderators Dr. Waleed Bukhari (International Medical Center, KSA) /
Dr. Amer Al Durazi (MEM, Bahrain)

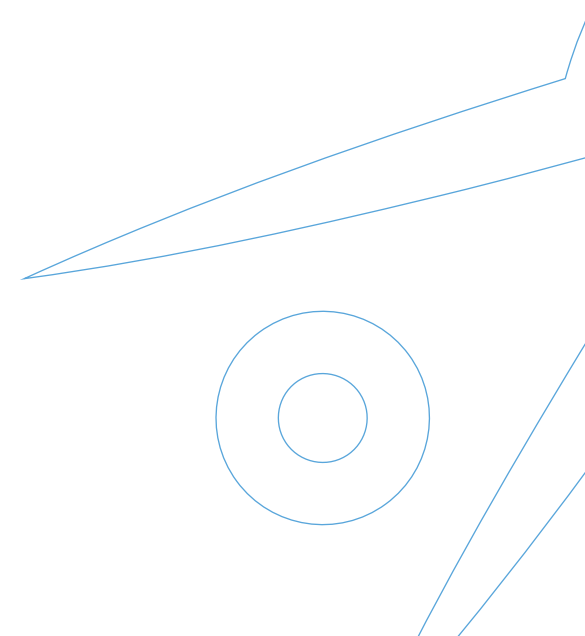
14:15 14:35	Current Practice of Bariatric Surgery	Dr. Sultan Al Temyatt (Badana Clinic, KSA)
14:35 14:55	Patient Selection and Shared Decision-Making in Bariatric Surgery	Dr. Abdulmenem Abualsel (KHUH, Bahrain)
14:55 15:15	Emerging Horizons in Endoscopic Obesity Treatment: New Technologies & Techniques	Dr. Omar Sharif (KHUH-RCSI, Bahrain)
15:15 15:35	Beyond the Scale: Addressing Body Contouring in the Post-Bariatric Patient	Dr. Ashraf El Shayeb (AGU, Bahrain)
15:35 15:45	Discussion	

Keynote Lecture II - Moderator: Dr. Hamdi Al Shenawi (AGU, Bahrain)

15:45 16:15	Complicated Bariatrics Surgery: How to Manage It?	Dr. Waleed Bukhari (International Medical Center, KSA)
16:15 16:30	Coffee Break	
Keynote Lecture III - Moderator: Prof. Mohamed Hany (AGU, Bahrain)		
16:45 17:00	Novel Diagnostics for Optimized Personalized Nutrition	Dr. William Marks (Harvard University, USA)

Session 4: Obesity and Associated Health Disorders
Moderators: Prof. Taysir Garadah (AGU, Bahrain) / Dr. Adla Bakri (AGU, Bahrain) / Dr.
Mohamed Makhlooq (SMC-AGU, Bahrain)

17:00 17:20	Let's Talk About Obesity in Respiratory Diseases	Prof. Adel Bediwy (UMC-AGU, Bahrain)
17:20 17:40	Exploring the Complex Relationship Between Obesity and Mental Health	Dr. Alaa Al Sadadi (Psychiatry Hospital- RCSI, Bahrain)
17:40 18:00	Obesity and Cancer: An Update Of The Global Impact	Dr. Aysha Al Zaman (SMC-AGU, Bahrain)
18:00 18:20	Obesity and Hypertension: From Science to Solutions	Dr. Khadija Alassas (SMC-AGU, Bahrain)
18:20 18:30	Discussion	
18:30 18:45	Day 1 Closing Remarks	





AGU OBESITY CONFERENCE



Conference Agenda

Friday, 9 May 2025 **Day 2**

8,9 May 2025
 Crowne Plaza Bahrain Conference Center

7:30 | **Welcome Coffee**
8:15

Session 5: Nutrition & Lifestyle Interventions – Moderator: Dr. Areej Al Saad (KHUH, Bahrain) / Dr. Khawla Fouad Ali (RSCI, Bahrain)

8:15 | Tailoring Diets To Individual Needs And Preferences | Dr. Aseel Al Saleh (AGU, Bahrain)
8:35

8:35 | AI Revolutionizing the Dietary Management of Obesity | Dr. William Marks (Harvard Business School -Harvard University, USA)
8:55

8:55 | Overcoming Barriers to Exercise in Obesity: Strategies For Increasing Physical Activity Levels | Dr. Abdulla Al Jawder (KHUH, Bahrain)
9:15

9:15 | **Discussion**
9:30

Key Note Lecture IV – Moderator: Dr. Mona Arekat (AGU, Bahrain)

9:30 | **Current and Emerging Pharmacological Therapy for Obesity -** | Prof. Osama Hamdy (Joslin Center-Harvard University, USA)
10:00

Session 6: Medical Management of Obesity
 Moderators: Dr. Mona Arekat (AGU, Bahrain) / Dr. Feryal Saber (BDF, Bahrain) / Dr. Wiam Hussain (Royal Hospital, Bahrain)

10:00 | When Enough is Enough: Manage Weight Loss Expectations With GLP1 | Dr. Ebaa Al Ozairi (Dasman Diabetes Institute, Kuwait)
10:20

10:20 | Quality Vs. Quantity Weight Reduction | Prof. Osama Hamdy (Joslin Center-Harvard University, USA)
10:40

10:40 | Time-Restricted Eating: Outcomes and Metabolic Impact | Prof. Naji Alamuddin (KHUH, Bahrain)
11:00

11:00 | Management of Post Bariatric Hypoglycemia : GCC consensus statement | Prof. Dalal Al Romaihi (Awali Hospital-RCSI, Bahrain)
11:20

11:20 | **Discussion**
11:30

11:30 | **Juma Prayer & Lunch Break**
13:00

13:00 | Abbott) / Fenofibrate Evidence Based on Delayed Diabetic Retinopathy | Dr. Husain Taha (SMC-AGU, Bahrain)
13:15

13:15 | (Boehringer) / Meet The Expert: Cardio Renal Metabolic(CRM) Diseases and Role of SGLT2 Inhibitors | Dr. Khalid Bin Thani (SMC-AGU)
13:45

Session 7: Combatting Obesity in the GCC
 Moderators: Dr. Shafer Al Shehri (AGU, Bahrain) / Dr. Khaldoon Al Roomi (AGU, Bahrain) / Dr. Mohamed Al Awadi (MOH, Bahrain)

13:45 14:05	Understanding The Obesity Epidemic in the GCC	Dr. Amira Al Kharusi (Royal Hospital, Oman)
14:05 14:25	Strengthening GCC Collaboration for Obesity Prevention: A Gulf CDC Perspective	Dr. Nada Alnaji (GCDC, KSA)
14:25 14:45	National Efforts and Action Against Obesity in Bahrain	Dr. Buthaina Ajlan (MOH, Bahrain)
14:45 14:55	Discussion	

Session 8: Impact of obesity on Women & Children's Health
 Moderators: Prof. Abdelaziz Al Amin (AGU, Bahrain) / Prof Daaa Rizk (AGU, Bahrain) / Prof. Mohamed Elbeltagi (UMC, Bahrain)

14:55 15:15	The Genetic Basis of Severe Childhood Obesity	Dr. Mashael Alshafai (QU, Qatar)
15:15 15:35	Management of Obesity in Children & Adolescents: Emerging Approaches	Prof. Roy Philip (University of Limerick, Ireland)
15:35 15:55	Obesity and Women's Health	Dr. Ahmed Samy (AGU, Bahrain)
15:55 16:15	Discussion	
16:15 16:25	Coffee Break	

Session 9: Abstract Session
 Moderators: Prof. Mohamed Hany (AGU, Bahrain) / Dr. Tarik Al Shaibani (AGU, Bahrain) / Dr. Alaa Elmazny (AGU, Bahrain) / Dr. Abdulla Ismaeel (AGU, Bahrain)

16:25 16:35	Abstract Title No. 1	TBA
16:35 16:45	Abstract Title No. 2	TBA
16:45 16:55	Abstract Title No. 3	TBA
16:55 17:05	Abstract Title No. 4	TBA
17:05 17:15	Abstract Title No. 5	TBA
17:15 17:25	Abstract Title No. 6	TBA
17:25 17:35	Discussion	
17:35 17:50	Abstract Awards & Day 2 Closing Remarks	

